

LOCATION:

We will stay at the most romantic 600 m2 private country mansion with rustic Italian charm, swimming pool and a large undisturbed garden surrounded by the most beautiful nature. The mansion offers a unique mountain scenery near the idyllic Cantalice in Umbria, about 2 hours' drive from Rome.



As we want to ensure each couple's optimal space for intimacy, and development, we limit the invitation to maximum 4 couples.

We invite you to come for a free and immersive dialogue about **The Journey in Love** and your desires to see if there is a match.

You will find the dates and prices on our websites. And please feel free to contact us for more information or questions:

**Mail: copenhagentantra@gmail.com. Phone: +45 5337 3333.
www.copenhagentantra.dk or www.lead2succeed.dk**

The Journey in Love

- 7 days Adventure for Couples in ITALY

The ultimate gift for your relationship. We welcome you and your partner with equal parts **TANTRIC IMMERSION, GESTALTIC COUPLE DEVELOPMENT** and **ROMANTIC HOLIDAY** in fantastic surroundings. This journey is for you who wish to explore and deepen the passion, nowness, and authenticity with each other.



We have so much unrealized potential in us which we are unaware of. Our potential is limited by unnecessary restrictions deriving from our upbringing, inhibition, life circumstances, and habits. Releasing the potential is a life-rewarding adventure that strengthens the meaning in life and the courage to feel more, express more, and thus the ability to dare to love more deeply.

This journey is a deep leap into intimacy and connection.



TANTRIC IMMERSION

We create a safe and inspiring frame where you can explore the world of tantra with your partner. The program provides teaching in sensual tantra massage, polarity exercises, heart connection, wisdom of sexual energy and orgasms, sensuality training, communication tools and lots of presence with each other. All exercises are with clothes on, except for the massage, where you choose the level of clothing yourself.

Tantra strengthens our ability to surrender into being and flow together, and thus let go of disturbing thoughts and expectations. For some this comes easily, for others it takes more time and a secure frame to give in to the experience.

On the journey of love, we emphasize meeting you in your situation and needs, so you gain new experiences of what helps you to give in to nowness and exploring.

With **GESTALTIC COUPLE DEVELOPMENT** you deepen your sensitivity and strengthen your love muscle: By exploring own blind personality spots, we accommodate each other, enhance closeness, and strengthen our love bond. The more you succeed maintaining strong love for each other or reignite your original infatuation, the more intense and rewarding your life together becomes. That goes for sex life, emotional life, cooperation, intimacy, and the ability to resolve conflicts and regain intimacy. Everyone benefits from exercising their love muscle, and that's what couple development is offering.



ABOUT US

We are a couple ourselves. Anita is a tantra teacher, tantra therapist, body therapist and somatic sexologist. Søren is a Gestalt psychotherapist with 30 years of experience in supporting peoples' living skills, such as contact, development, quality, and nowness in their relationships.